PYP Digital Learning Pledge

As an ISNS student and a digital citizen, I pledge to:

STAY SAFE ONLINE

- Never share my personal information like address, phone number, or passwords.
- Only visit websites and use apps that my teachers say are safe.
- Tell an adult if I see anything online that makes me feel scared or uncomfortable.

PROMOTE KINDNESS AND INCLUSION ONLINE

- Use polite and friendly words when communicating online.
- Respect and accept different opinions, even if they are different from my own.
- Ask for permission before sharing someone else's photo or work.

DEVELOP CRITICAL THINKING SKILLS

- Question if the information I find online is true and verify it with trusted sources.
- Be cautious of misleading information and avoid spreading rumors or false content.
- Learn to recognize online advertisements and understand their purpose.

BALANCED USE OF TECHNOLOGY

- Use technology to discover new things and express ideas, not just for playing games.
- Take breaks to rest my eyes and move around.
- Follow the instructions given by my teachers for using technology.

TAKE CARE OF MY DEVICE

- Handle devices with care to prevent damage, like keeping food and drinks away.
- Keep my device clean and store it safely when not in use.

STAND UP AGAINST CYBERBULLYING

- Say no to cyberbullying! Treat others kndly and with respect online.
- Support my friends who may be facing cyberbullying by standing up for them and telling a trusted adult.
- Tell an adult if I or someone I know is being cyberbullied.

BE MINDFUL OF MY DIGITAL FOOTPRINT

- Think before I post comments, photos, or videos online.
- Remember that once something is shared online, it can be difficult to remove completely.
- Be responsible and use technology in a way that reflects positively on myself and my community.

INTERNATIONAL SCHOOL OF NANSHAN SHENZHEN
ISNS 深圳市南山外籍人员子女学校

common sense education®

CARING LOCALLY. THRIVING GLOBALLY.

小学数字化学习承诺

作为一名ISNS学生和数字公民，我承诺：

安全上网

- 绝不分享我的个人信息，如地址、电话号码或密码。
- 只访问老师认为安全的网站和应用程序。
- 如果在网上看到让我感到害怕或不舒服的内容，我会告诉成年人。

营造友善和包容的网络环境

- 在网上沟通时使用礼貌和友善的语言。
- 尊重并接受不同意见，即使我不认同这些意见。
- 在分享他人的照片或作品前，先征得他人许可。

培养批判性思维能力

- 对在网上找到的信息质疑，查找可信的来源验证信息真伪。
- 警惕误导性信息，避免传播谣言或虚假内容。
- 学会识别网络广告，并理解其目的。

均衡使用科技

- 使用科技探索新事物并表达我的想法，而不仅仅是用来玩游戏。
- 安排时间让眼睛休息并适当活动身体。
- 使用科技产品时遵守老师的指引。

爱护我的设备

- 小心使用设备，防止损坏，例如远离食物和饮料。
- 保持设备干净，并在不用时妥善存放。

反对网络欺凌

- 对网络欺凌说"不"！在网上善待并尊重他人。
- 支持那些可能面临网络欺凌的朋友，为他们挺身而出，并告诉值得信赖的成年人。
- 如果我或我认识的人遭受网络欺凌，我会告知成年人。

注意我的数字足迹

- 在发布评论、照片或视频之前，先思考一下。
- 记住，一旦某些内容在网上分享，可能很难完全删除。
- 负责任地使用科技，确保行为对自己和社区产生积极影响。

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